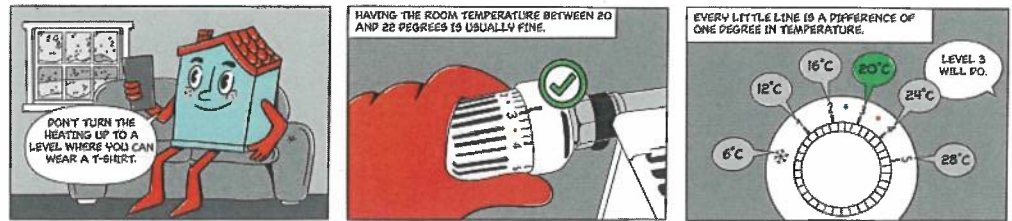
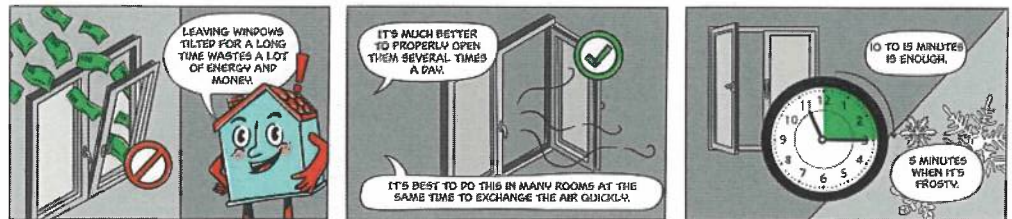


# The top 7 tips for saving energy

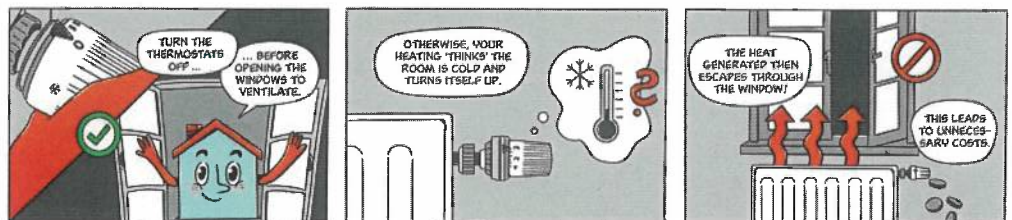
1. 20 to 22 degrees is enough



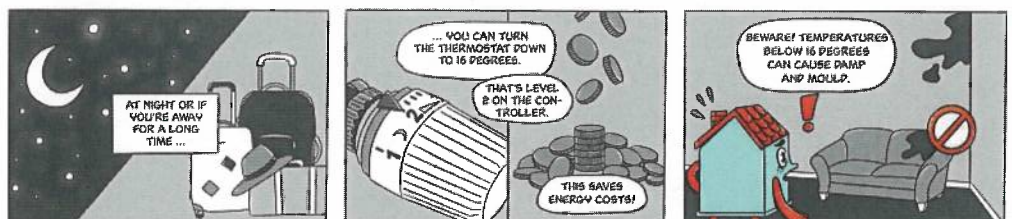
2. Regularly open the windows properly instead of tilting them



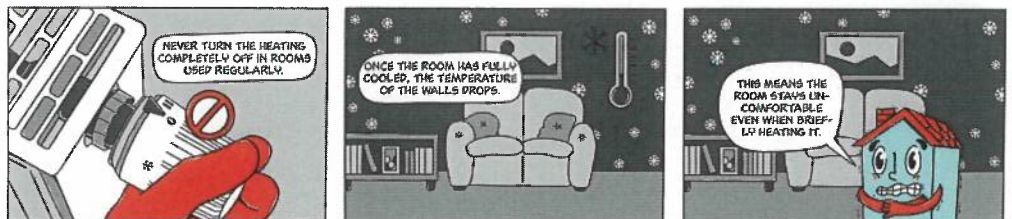
3. Turn the heating off before ventilating



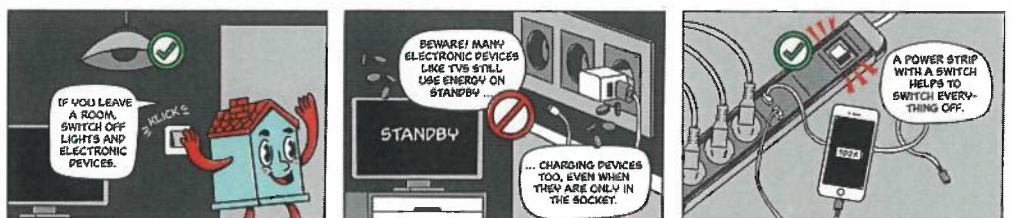
4. Turn the heating down at the right moment



5. Never set radiators permanently to 0



6. Switch off lights and devices



7. Know which appliances use a lot of energy

